

ADVENTURE BOOK



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ABOUT ACTIVE ADVENTURES



1

NEW ZEALAND PIONEERS IN ADVENTURE TRAVEL

Active Adventures is New Zealand's most globally diverse adventure travel company. 30 years after we started, we now offer our unique style of Kiwi adventuring across the globe to thousands of guests every year.

2

ALWAYS INSPIRING, LIFE-CHANGING

Active Adventures' true essence is best captured in our purpose, which is to inspire our guests to lead an adventurous life. That means something different to everyone, which inspires us to personalize our adventures to make them truly special.

3

SIZE MATTERS

We've grown a lot, but we're still small and highly accessible. Our HQ is in Queenstown, New Zealand's adventure capital, and our entire team and expert guides are all very hands-on. We're driven by our desire to share our passion for adventure with guests all around the world.

WHY TRAVEL WITH US

1

EXPERIENCE ADVENTURE THE WAY YOU WANT

You'll be inspired and exhilarated, enjoying mind-blowing scenery on foot, in a kayak, or by bike. Select between our many options to build your own trip of a lifetime.

2

DECADES OF AWARD-WINNING TRIPS – RUN THE KIWI WAY

We're proud of our Kiwi roots, and you'll love our professional, warm, and relaxed style of hosting. Plus, we'll always be at the end of the phone to help you feel comfortable embarking on your trip of a lifetime.

3

EVERY DETAIL COVERED, TO MAXIMIZE YOUR TIME

We've got all the details of your vacation covered – top-notch meals, comfortable transport & accommodation, amazing guides and incredible service.



► THE DOLOMITES, ITALY

4

4.53 OUT OF 5 FROM 18,296 REVIEWS. THAT'S PRETTY SOLID.

While we could hang around all day telling you how wonderful our trips are, the best people to listen to are our guests themselves.

5

GROUP TRAVEL FOR THOSE WHO AREN'T 'GROUP TRAVELERS'

With our small groups, you'll get to know our team, and your fellow travelers, and have the flexibility and freedom to do as much (or as little!) as you like.

6

EXPLORE HIDDEN GEMS THROUGH OUR EXPERT LOCAL GUIDES

All our carefully selected guides are highly experienced and have deep personal connections to nature and culture. You'll enjoy some wonderfully profound moments and special experiences that can only come from authentic local knowledge.

ADVENTURE THE ACTIVE WAY



SO MUCH MORE THAN A GUIDE

Imagine a cross between Bear Grylls, David Attenborough and a Four Seasons Hotel concierge and you'll get the idea of what our guides are like!



WE'RE WITH YOU, EVERY STEP OF THE WAY

Embarking on an adventure always involves getting out of your comfort zone. Our guides are there to take away any worry or stress, as well as handle all the logistics on the trip, so that you can focus purely on the physical challenge of your adventure.

WORLD-CLASS SAFETY

Safety is always a priority when you're exploring the wilderness, and we have an impeccable record. Our guides are trained extensively, have Outdoor First Aid and food safety certificates, and undergo our customized and comprehensive guide training trip.

We've received the World Travel and Tourism Council's Safe Travels stamp and the COVID-Clean Approved logo by Qualmark. We'll follow all ATTA, WTTC and Qualmark health and safety guidelines on all our trips.

AMAZING FOOD TO FUEL YOUR ADVENTURE

Food is such an important part of any trip - and getting the right fuel on an active holiday is crucial. We aim to provide high-quality, local and fresh food for every meal, whether you are in a back-country hut, a remote lodge or a small town. If you have dietarys, that's no worry at all. We cater to almost any dietary requirements.



LOCALLY OWNED ACCOMMODATION

We like to visit some exciting locations by bike, on foot, rafting, kayaking, and canyoning, but we also enjoy our creature comforts.

By traveling with us there's never the disappointment of not being able to stay at that perfect place!



NO HIDDEN COSTS

We have no hidden costs and everything is included. Everything is clearly laid out in our itineraries, so you don't have to do any guesswork.

Other tour operators charge what looks like a really cheap price, but it only covers road transport, a few meals here and there, guides, and accommodation. You can trust us to always be upfront with you.

EXPLORE NEW ZEALAND



► BAY OF ISLANDS

Beautiful beaches, pristine islands, energetic marine life, waterfalls, forests, history... The Bay of Islands is as dreamy as its name and you're spoiled for choice when it comes to the must-dos here!



► TONGARIRO NATIONAL PARK

Arguably the finest day-hike in the world, the Tongariro Crossing takes hikers on a dramatic journey through volcanic alpine landscape with a handful of steamy geothermal vents and vivid blue crater lakes that dot the perimeter.



► ROTORUA

New Zealand's indigenous culture is strong, particularly on the North Island. Here you can learn about New Zealand's Maori culture and through a performance and hangi, a feast that's steam cooked in the ground for a rich smoky flavor.



► QUEENSTOWN

With the vast range and popularity of adrenaline-inducing activities on offer here (it's home of bungee jumping after all!), it's no wonder this little ski town is known as the Adventure Capital of the World. Ski the famous Remarkables, hop on a wine tour, hike Ben Lomond, have a taste of Fergburger, bike down some spicy mountain bike trails or along more civilized scenic trails... you can't get bored!



► MILFORD SOUND & FIORDLAND NATIONAL PARK

Most people take a Milford Sound boat cruise, but we also recommend wandering the steep forest-clad mountains to discover wildlife and the waterfalls plunging into the fiord that Rudyard Kipling once called the 8th natural wonder of the world.



► AORAKI/MOUNT COOK NATIONAL PARK

The Canterbury region of the South Island is home to many of New Zealand's highest mountains and largest glaciers, including its namesake. Wander along the Hooker Valley Track or challenge yourself up the Sealy Tarns track - if you don't mind stairs!



► FRANZ JOSEF

Get your cameras ready because how often do you see glaciers surrounded by temperate rainforests advancing to near sea level? Never, in fact, except on the rugged West Coast of New Zealand's South Island, where there are some terrific short hikes near the Franz Josef and Fox Glaciers.

EXPLORE NEW ZEALAND



BEST TIME TO VISIT

New Zealand is a mountainous island nation sitting isolated in the Southwest Pacific, so the weather tends to be pretty unpredictable. The best time to visit for hiking and biking is between November and March - don't forget, the seasons are the opposite of the Northern Hemisphere!

Summer (December - February)

North Island weather: 20-24°C (68-75°F), 60-100mm of rain/month
South Island weather: 19-23°C (66-73°F), 35-60mm of rain/month
Highlights: hiking, biking, penguins

Fall (March - May)

North Island weather: 17-22°C (62-71°F), 90-130mm of rain/month
South Island weather: 13-19°C (55-66°F), 60-100mm of rain/month
Highlights: hiking, autumn colors, southern lights, cheaper flights

Winter (June - August)

North Island weather: 11-15°C (51-59°F), 120-150mm of rain/month
South Island weather: 7-12°C (44-53°F), 70-130mm of rain/month
Highlights: skiing, southern lights

Spring (September - November)

North Island weather: 16-20°C (60-68°F), 90-120mm of rain/month
South Island weather: 13-19°C (55-66°F), 60-100mm of rain/month
Highlights: skiing, hiking, lambing season

PACKING LIST FOR ADVENTURERS

CLOTHING

- ☐ Quality Rain jacket & pants
- ☐ Fleece/Down jacket
- ☐ Short sleeve & long sleeve tops (quick dry, no cotton)
- ☐ Shorts & trousers (no jeans!)
- ☐ Thermal under-layers
- ☐ Good socks (merino is best)
- ☐ Waterproof hiking boots with ankle support
- ☐ Runners with good grip
- ☐ Sandals
- ☐ Beanie & gloves
- ☐ Sun hat & sunglasses
- ☐ Swimsuit & light towel

GEAR & PERSONAL ITEMS

- ☐ 25-30L Day pack with rain cover
- ☐ 50+L hiking backpack, tent, cooker, water filter, sleeping bag & sleeping pad if you're doing multi-day walks
- ☐ First aid kit with blister treatment
- ☐ Sun-block & insect repellent
- ☐ Hiking poles
- ☐ Hydration bladder / Water bottle
- ☐ Water
- ☐ Gaiters
- ☐ Adapter plug
- ☐ Good books



HOW TO GET IN AND AROUND NEW ZEALAND

People typically fly into Auckland (North Island) or Christchurch (middle of the South Island). New Zealand is roughly 1,600km (1,000 miles) in length, which is roughly the size of California and Washington State combined. Driving from top to bottom would take around 30 hours (the South Island doesn't have motorways and is very mountainous).

DRIVE:

renting a car or campervan is probably the most popular way to see New Zealand. The classic South Island driving loop is almost 3,000 km (40h) and the classic North Island loop is around 1,300km (20h). Don't forget - New Zealanders drive on the left side of the road!

BUS/COACH

many people opt for fully guided bus tours or hop on hop off buses. The thing with the big buses is that they're not very nimble and unsuitable for some roads - at Active Adventures, we use small vans, which are much more suited for the terrain!

TRAIN

New Zealand has some scenic train journeys (three, to be precise), but not ideal if you're after flexibility and have a specific itinerary in mind.

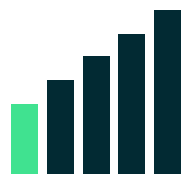
The only way to cross between the islands is to take a 3h ferry, which must be booked ahead in the peak season (especially if you have a vehicle), or fly from Auckland or Wellington to either Queenstown or Christchurch.

MAIN AIRPORTS

Auckland | Christchurch | Wellington | Queenstown | Nelson | Dunedin

ACTIVITY LEVELS

ACTIVE LEVEL 1: RELAXING

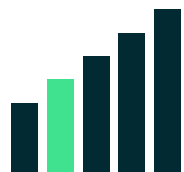


I like to be active and not looking to experience a place just through a bus window. I'm happy to slow down on the trail, soak it in and breathe in the fresh air.

Walking: 2-3 hours per day on gentle-gradient trails.

Other activities: On these trips, you'll be taking part in a range of other activities that focus less on building up a sweat and more on enjoying the finer things in life.

ACTIVE LEVEL 2: EASY



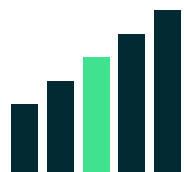
Sure, I own some hiking boots, they're even worn in, but they don't go on long trips. I like my creature comforts and I like to give a range of activities a go.

Walking: 2-4 hours per day on gentle to moderate gradient trails. No multi-day hikes.

Biking: 1-3 hours, cruisy rides achievable by anyone, even first-timers. Kayaking: 1-3 hours, entry-level sea kayaking with specialist guides and stable boats.

Other activities: Always optional and very little exertion. A highlight for many!

ACTIVE LEVEL 3: MODERATE



I love an active vacation. Engaging in a challenging activity with a difficult goal, such as reaching a summit, is exactly what I need to be able to unwind in the evenings.

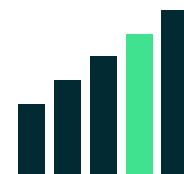
Hiking: Typically, 3-6 hours per day on well-formed backcountry trails. Expect some significant gradient inclines and declines.

Altitude: Your trip may include some moderate altitude areas, though these don't form the focus of the trip and are generally manageable.

Biking: 1-3 hours on well-formed paths or roads where you can expect some hills with moderate climbs and descents.

Kayaking: 1-3 hours, entry-level sea kayaking with specialist guides and stable boats.

ACTIVE LEVEL 4: CHALLENGING



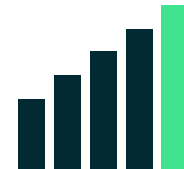
I'll let my trusty guides sweat the small things, so I can focus on my goal. Sure, it'll be tough and I might get my boots wet, but the views will be worth it.

Hiking/Trekking: Typically, 4–6-hour hikes with options for more, sometimes with limited or no vehicle support and often with ascents and descents.

Altitude: Some trips will reach a significant altitude. We are here to help you and make your experience one to cherish for a lifetime.

Biking & Kayaking: If one, or both, of these activities, are 'your thing,' there are trip options in this range, allowing you to be on bike or with a paddle in your hand for most of the day.

LEVEL 5: ULTIMATE



I'm ready to put in the hard work to reap the rewards. I'm a seasoned adventurer unafraid of adversity.

Trekking & Altitude: This is classic trekking, at altitude. Some might even call it 'expedition-style.' We've had folks from all walks of life achieve their dreams on our grade 5 trips, so if you're in for a challenge get in touch to find out if this is for you.



NEED HELP WITH TRAINING?

We have a comprehensive guide to what exercises you can do to prepare for each level, courtesy of [Marcus from 'Fit for Trips'](#). If you want a customized plan, you can get in touch directly with him.





NEW ZEALAND | SOUTH ISLAND

14 DAYS | MULTI-ACTIVITY



NEW ZEALAND | SOUTH ISLAND

8 DAYS | MULTI-ACTIVITY

CHRISTCHURCH
↓
CHRISTCHURCH

TRIP HIGHLIGHTS

HIKE

- Routeburn Track & Kepler Track
- Aoraki/Mt Cook National Park
- Franz Josef Glacier (with heli-hike option)
- Wilderness hiking in Nelson Lakes National Park

BIKE

- Alps 2 Ocean Trail

SEA KAYAK

- Okarito Lagoon

PLUS ...

- Explore Queenstown
- Cruise Milford Sound



COMBO TRIP
Link this trip with the Ultimate North Island trip for the Ultimate New Zealand Adventure!

ITINERARY

INQUIRE

ULTIMATE SOUTH ISLAND ADVENTURE

 Activity Level 3-4

We've been fine-tuning this perennial favorite since 1996, and it's simply an incredible trip. We'll take you on an unforgettable journey exploring our mountains in Mount Cook National Park and Nelson Lakes National Park, walking the West Coast rainforest and getting up close to glaciers in Franz Josef, cycling incredibly scenic trails, hiking sections of our Great Walks, and even cruising on Milford Sound. You'll experience our unique culture and wildlife along the way. Each night, we'll stay in carefully hand-picked accommodations in some of New Zealand's most stunning settings.

— “ —
This was our third visit to New Zealand and by far was the best. We really feel we got to see and experience everything the South Island has to offer. We loved our guides and enjoyed traveling and hiking with like-minded people from around the world.

Douglas, Jan 2023



DEPARTURE DATES



CHRISTCHURCH
↓
QUEENSTOWN

TRIP HIGHLIGHTS

HIKE

- Routeburn Track
- Mt Aspiring National Park
- Franz Josef Glacier
- Blue Pools

PLUS...

- Milford Sound Cruise
- Scenic mountain flight to Siberia Hut
- Jet boat in Mt Aspiring National Park

EXPLORE

- Queenstown



COMBO TRIP
Link this trip with the Ultimate North Island trip for the Ultimate New Zealand Adventure!

ITINERARY

INQUIRE

CLASSIC SOUTH ISLAND ADVENTURE

 Activity Level 3-4

Get ready for an adventure of a lifetime, exploring New Zealand's most iconic and remote wilderness. You'll be truly mind-blown by the array of activities and landscapes you can experience in just eight days. From flying into Siberia Valley, hiking up to a remote alpine lake and jet boating out the next morning, each day brings a unique challenge and a new adventure. If you're ready to take in the wilderness of the West Coast, hike part of the Routeburn Track and spend a day in the charming mountain town of Queenstown, look no further than our Classic South Island Adventure.



DEPARTURE DATES





NEW ZEALAND | NORTH ISLAND

11 DAYS | MULTI-ACTIVITY



NEW ZEALAND | NORTH ISLAND

5 DAYS | MULTI-ACTIVITY



TRIP HIGHLIGHTS

HIKE

- Tongariro Alpine Crossing
- Explore volcanoes and coastline, kauri forests and sand dunes
- Alongside Rotorua's lakes
- Cape Brett, Bay of Islands

BIKE

- Whakarewarewa Forest

PLUS...

- Cruise and snorkel, kayak or dive Poor Knights Islands
- Maori culture
- Waitomo Caves



COMBO TRIP

Link this trip with the Ultimate South Island trip for the Ultimate New Zealand Adventure!

ITINERARY

INQUIRE

ULTIMATE NORTH ISLAND ADVENTURE



The North Island of New Zealand is packed to the brim with incredible landscapes, and there's no better way to experience its vastness than on our 11-day Ultimate North Island Adventure. Discover for yourself your favorite part of the island as you hike the renowned Tongariro Alpine Crossing, bike through redwood forests, snorkel or kayak the Poor Knights Islands and walk through otherworldly caves lit by the mysterious glowworm.

Short on time? Try either the North Island Volcanic Adventure or the Northland Adventure.



DEPARTURE DATES



NORTHLAND ADVENTURE



Take five days to discover the charms of the North Island. Explore colossal kauri forests, dive or snorkel the Poor Knights Islands, and learn about the Maori culture as you make your way along some of the best coastline of New Zealand.



NEW ZEALAND | NORTH ISLAND

5 DAYS | MULTI-ACTIVITY

NORTH ISLAND VOLCANIC



Discover the incredible landscapes of the North Island as you hike the renowned Tongariro Alpine Crossing, bike through redwood forests, and walk through otherworldly caves lit by glowworm. Our year-round North Island Volcanic Adventure is the perfect addition to any of our South Island trips.

TRIP HIGHLIGHTS

- Explore coastlines, kauri forests and sand dunes
- Hike Cape Brett, Bay of Islands
- Cruise and snorkel, kayak or dive Poor Knights Islands

AUCKLAND  AUCKLAND

ITINERARY

INQUIRE

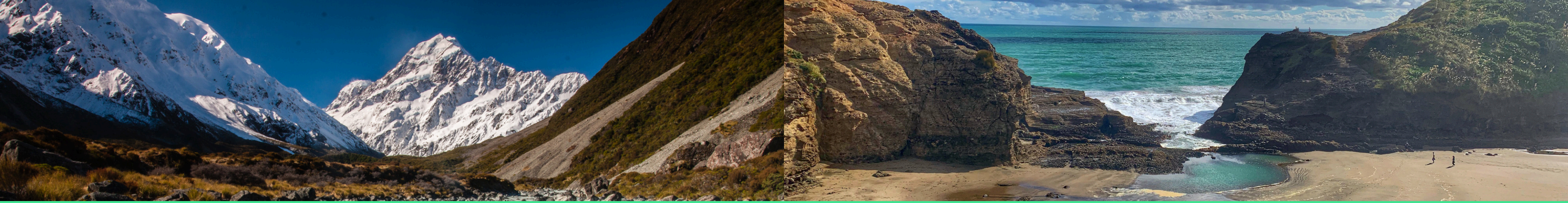
TRIP HIGHLIGHTS

- Tongariro Alpine Crossing
- Alongside Rotorua's lakes
- Bike Whakarewarewa Forest.
- Learn about the Maori culture
- Tube Waitomo Caves

AUCKLAND  AUCKLAND

ITINERARY

INQUIRE



NEW ZEALAND | SOUTH ISLAND

5-14 DAYS | MULTI-ACTIVITY

NEW ZEALAND | SOUTH ISLAND

14 DAYS | HIKING FOCUSED

CHRISTCHURCH



CHRISTCHURCH

TRIP HIGHLIGHTS

HIKE

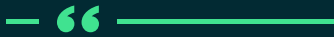
- Kepler Track, Fiordland National Park
- Copland Valley & Hot Pools, West Coast
- Franz Josef Glacier
- Mt Aspiring National Park
- Aoraki/Mt Cook National Park or ski/snowboard Ohau Ski Area

SEA KAYAK

- Okarito Lagoon

PLUS...

- Explore Queenstown
- Cruise on Milford Sound
- Explore Te Anau glow worm caves



The standard of accommodation exceeded my expectations and our "near exclusive" use of the Welcome Flat Hut in the Copland Valley (with snow-topped mountains, star-studded night sky and steaming natural pools) was incredible.



ITINERARY

INQUIRE

NEW ZEALAND
WINTER ADVENTURE



Activity Level 3-4

To let you in on a secret, exploring the dramatic landscapes of the South Island during New Zealand's winter months is largely underrated. Between May and September, ski fields come to life and mountains look spectacular covered in snow. However, trails once busy are now exclusively yours and huts once packed full of hikers sit empty. Our New Zealand Winter Adventure has been crafted specifically for our mild winters. You'll enjoy an unforgettable cruise on Milford Sound, soak in hot pools under vibrant stars at Welcome Flats Hut on the Copland Track, hike the Kepler Track, Mt Aspiring National Park and under the towering mountains of Aoraki Mt Cook National Park.



DEPARTURE DATES



CHRISTCHURCH



CHRISTCHURCH

TRIP HIGHLIGHTS

HIKE

- Routeburn Track & Kepler Track
- Abel Tasman National Park
- Aoraki/Mt Cook National Park
- Franz Josef Glacier
- West Coast beaches and rainforest

PLUS...

- Explore Queenstown
- Cruise Milford Sound
- Wine tasting
- Visit Kiwi Birdlife Park



COMBO TRIP

Link this trip with the Ultimate North Island trip for the Ultimate New Zealand Adventure!

ITINERARY

INQUIRE

NEW ZEALAND
WALKING ADVENTURE



Activity Level 1-2

Over 14-days, you'll explore the South Island of New Zealand on breathtaking walks and cruises. Our New Zealand Walking Adventure is handcrafted for those new to adventure tours and for those who love to slow down and enjoy shorter hikes. From walking along the golden beaches of Abel Tasman National Park and sipping wine in the Marlborough Sounds to feeling tiny under Aoraki Mt Cook, New Zealand's tallest mountain, and pondering thousands of waterfalls thundering down in Milford Sound. Each night, you'll relax in stunning lodges set in unbelievable locations and be looked after by two excellent local guides.



DEPARTURE DATES





NEW ZEALAND | SOUTH ISLAND

14 DAYS | HIKING FOCUSED



NEW ZEALAND | SOUTH ISLAND

5 DAYS | HIKING FOCUSED

CHRISTCHURCH



CHRISTCHURCH

TRIP HIGHLIGHTS

HIKE

- Mt Aspiring National Park
- Franz Josef Glacier (opt. heli-hike)
- Aoraki/Mt Cook National Park

CHOICE OF MULTI-DAY OPTIONS...

- Active Great Walks Discovery (Routeburn, Milford, and Kepler Track day hikes, plus Milford Sound cruise and overnight cruise on Doubtful Sound)
- OR Milford Track Guided Walk

PLUS...

- Explore Queenstown



COMBO TRIP

Link this trip with the Ultimate North Island trip for the Ultimate New Zealand Adventure!

ITINERARY

INQUIRE

MILFORD TRACK ADVENTURE



Activity Level 3-4

Love hiking and love your creature comforts come nighttime? On this 14-day Milford Hiking Adventure, you'll experience the very best of New Zealand's South Island, one trail at a time. Choosing between hiking the entire length of the Milford Track or sticking to day hikes along the equally stunning Routeburn, Milford, and Kepler Tracks is no easy task. Especially when you add in an overnight cruise on Doubtful Sound and a cruise on Milford Sound. You'll also hike trails known only to the locals as you explore Mt Aspiring National Park, Franz Josef Glacier, and Aoraki/Mt Cook National Park. Our Milford Track Adventure is an experience you'll be talking about for years to come.



DEPARTURE DATES



QUEENSTOWN



QUEENSTOWN

TRIP HIGHLIGHTS

HIKE

- Ben Lomond for views over Queenstown
- Parts of the Routeburn, Milford and Kepler Tracks

PLUS

- Cruise Milford Sound
- Overnight cruise on Doubtful Sound



ITINERARY

INQUIRE

GREAT WALKS OF NEW ZEALAND



Activity Level 3

Starting and finishing in Queenstown, you'll hike three of New Zealand's Great Walks (Kepler Track, Routeburn Track, and Milford Track), stay the night on the Fiordland Navigator on Doubtful Sound, and enjoy top-notch service every step of the way. If you're short on time but keen to see the best of the South Island, our Great Walks of New Zealand hiking tour is for you.



DEPARTURE DATES





NEW ZEALAND | SOUTH ISLAND

14 DAYS | BIKING FOCUSED



NEW ZEALAND | SOUTH ISLAND

6 DAYS | BIKING FOCUSED

CHRISTCHURCH



CHRISTCHURCH

TRIP HIGHLIGHTS

BIKE WITH FULL VEHICLE SUPPORT

- West Coast Wilderness trail
- Queenstown Trail
- Alps 2 Ocean Trail

HIKE

- Franz Josef Glacier
- Routeburn track and Key Summit
- Aoraki/Mt Cook National Park

PLUS...

- Explore Queenstown
- Cruise Milford Sound



COMBO TRIP

Link this trip with the Ultimate North Island trip for the Ultimate New Zealand Adventure!

ITINERARY

INQUIRE

NEW ZEALAND BIKING ADVENTURE



Activity Level 3-4

Specifically designed for biking enthusiasts, our 14-day New Zealand biking adventure explores the very best of the South Island's biking trails: Alps 2 Ocean, Central Otago Rail Trail, and Queenstown Cycle trail, known for their variety of landscapes and breathtaking lookout spots. Studded with hidden gems along the way, these trails include some of the best-known scenery and off-the-beaten-path highlights in New Zealand. Of course, not every landscape is explorable by bike, so we've included hikes on the Routeburn Track and in Aoraki/Mount Cook National Park, as well as a cruise on Milford Sound to give guests an all-encompassing adventure of New Zealand's finest vistas. Plus, with fully vehicle-supported rides, you'll challenge yourself as much or as little as you'd like.



DEPARTURE DATES



NEW ZEALAND E-BIKE ADVENTURE



Activity Level 3-4

With two guides and plenty of picnic breaks along the way, you'll finish every day of your Alps to Ocean bike ride happy and exhausted! Hop on a bike and ride from Mt Cook to the Pacific Ocean in Oamaru, with breathtaking views along the way to keep your energy up!



NEW ZEALAND | SOUTH ISLAND

13 DAYS | MULTI-ACTIVITY

NEW ZEALAND FAMILY ADVENTURE



Activity Level 1-2

This trip is specially designed to ensure parents, teenagers and children enjoy New Zealand as a family, and provides opportunities for parents to get away on their own while our guides entertain the kids! Family trips are quite different from regular adventure trips, and over the years we've entertained a lot of families in New Zealand.

TRIP HIGHLIGHTS

- Fly across the Tasman River from Mt Cook Village
- Bike the full length of the Alps to Ocean Trail, vehicle assisted with everything taken care of

CHRISTCHURCH CHRISTCHURCH

ITINERARY

INQUIRE

TRIP HIGHLIGHTS

- Hike Franz Josef Glacier
- Hike Aoraki/Mt Cook National Park
- Overnight hike in Mt Aspiring National Park
- Kayak Lake Mapourika
- Family rafting & jetboat near Queenstown

CHRISTCHURCH CHRISTCHURCH

ITINERARY

INQUIRE

FIND YOUR PERFECT

TRIP	LEVEL	LENGTH	ACTIVITIES	HIGHLIGHTS
Ultimate South Island Adventure	3-4	14	Hike Bike Kayak	Mt Cook Milford Sound Franz Josef Queenstown
Ultimate North Island Adventure	3-4	11	Hike Bike Kayak	Bay of Islands Tongariro Crossing Rotorua Waitomo Caves
Northland Adventure	3	6	Hike Kayak	Bay of Islands
North Island Volcanic Adventure	4	6	Hike Bike	Tongariro Crossing Rotorua Waitomo Caves
Classic South Island Adventure	3-4	8	Hike	Milford Sound Franz Josef Queenstown
New Zealand Walking Adventure	1-2	14	Hike	Mt Cook Milford Sound Franz Josef Queenstown
Milford Track Adventure	3-4	14	Hike	Mt Cook Milford Sound Franz Josef Queenstown
Great Walks of New Zealand	3	5	Hike	Milford Sound Queenstown
New Zealand Biking Adventure	3-4	14	Hike Bike	Mt Cook Milford Sound Franz Josef Queenstown
Alps to Ocean Biking Adventure	3-4	6	Hike Bike Kayak	Mt Cook
New Zealand Winter Adventure	3-4	5-14	Hike Bike Kayak	Mt Cook Milford Sound Franz Josef Queenstown

FIT



ACTIVE LEVEL 1: RELAXING

ACTIVE LEVEL 2: EASY

ACTIVE LEVEL 3: MODERATE

ACTIVE LEVEL 4: CHALLENGING

ACTIVE LEVEL 5: ULTIMATE

EXPLORE

EUROPE



► CHAMONIX, FRANCE

Nestled in the heart of a dramatic U-shaped valley, the views of the northern side of Mont Blanc are dramatic from anywhere in town and especially from our accommodation in the heart of Chamonix.



► REYKJAVIK, ICELAND

the world's northernmost capital and Iceland's cultural hub features vibrant streets and a lively harbor. Be sure to check out the famous Blue Lagoon hot pools, indulge in fresh local cuisine or enjoy the nightlife under the midnight sun.



► VESTMANNAEYJAR ARCHIPELAGO, ICELAND

Heimaey, the biggest island in this volcanic archipelago is also the only one that's inhabited. This tiny island hosts a recent, rich volcanic history and picturesque lava fields you can hike en route to Eldfell Peak.



► VALLEE DES GLACIERS, FRANCE

Here you can stand with one foot in France and the other in Italy while taking in astounding views of glaciers, massive rock spires and the 'U' shaped valley of the Italian countryside.



► CORTINA D'AMPEZZO, ITALY

In the heart of the Dolomites, Cortina village is one of the most picture-perfect mountain towns in the world. There's almost no blade of grass, roof tile, or street cobblestone out of place.



► LAKE COMO, ITALY

Lake Como is one of Italy's most dramatic and iconic lakes. In Bellagio, a town known as the 'Pearl of the Lake,' flaunts exuberant gardens, a maze of steep stone staircases, gorgeous lake-side squares and incredible views of the Alps.



► COURMAYEUR & AOSTA VALLEY, ITALY

Roman monuments, medieval castles, vineyards, and quaint villages define the Aosta Valley as one of Europe's quintessential mountain regions, all against an incredible backdrop of steep snow-capped peaks.



► ANNECY, FRANCE

With an outlook to the French Alps and an unmatched elegance, Annecy's narrow cobbled streets and 16th-century gothic architecture are not to be missed! We recommend kayaking the crystal clear Lake Annecy with numerous coves and beaches to explore along the way.



FRANCE - SWITZERLAND - ITALY

12 DAYS | MULTI-ACTIVITY



ITALY

9 DAYS | MULTI-ACTIVITY

GENEVA



GENEVA

TRIP HIGHLIGHTS

HIKE

- Mer de Glace
- The Ville de Glaciers
- Bike
- L'Arve River Trail

KAYAK

- Lake Annecy

EXPLORE

- Grotto de Glace experience
- Annecy Old Town & Chamonix
- Beaufort cheese factory
- Courmayeur and Aosta Valley
- Aiguille du Midi experience

— “ —

My husband and I had been looking forward to this trip for three years and it did not disappoint. We loved being outdoors and active throughout the trip and found it challenging but fabulous!

— ” —

ITINERARY

INQUIRE

TOUR DU MONT BLANC



Activity Level 4

While most trips circumnavigate this iconic mountain range by foot, we've taken it a step further to not only experience its spectacular geography but also explore the history, culture, and cuisine of France, Italy, and Switzerland with expert local guides.

Each day will awaken your senses as you cross vast green valleys, walk through magnificent forests and cross mountain passes. You'll wander the lively mountain town of Chamonix, kayak on Lake Annecy, hike through the picturesque Upper Rhone valley, and bike the L'Arve River Trail.



DEPARTURE DATES



VENICE



VENICE

TRIP HIGHLIGHTS

HIKE

- Circumnavigate Tre Cime di Lavaredo
- Natural Park of Fannes Sennes Braies
- Setsass Dolomiti Range

BIKE

- From Cortina to Dobbiaco

PLUS...

- Experience Ladin culture
- Stay with local Dolomite mountain families
- Cable car above Cortina
- Via ferrata Cinque Torri



ITINERARY

INQUIRE

DOLOMITES ADVENTURE



Activity Level 4

Amidst massive rock monoliths, rolling green meadows, stunning forests and villages straight out of a fairytale, you'll hike, bike and explore this spectacular region with the very best and most renowned expert local guides.

And yet, the Dolomites with us is so much more than outstanding landscapes and adventure – you'll experience the incredible hospitality of the local Ladin people of the Sud Tyrol region, stay in very comfortable mountain hotels and have the chance to taste the amazing variety of local food and wine.



DEPARTURE DATES





GREECE

11 DAYS | HIKING FOCUSED



SPAIN

9 DAYS | HIKING FOCUSED

CHANIA
↓
THESSALONIKI

TRIP HIGHLIGHTS

- HIKE
- Crete's White Mountains
 - Mt Olympus
 - Mt Skolio
 - Coastal Tracks
 - Samaria Gorge

- KAYAK
- Santorini

- EXPLORE
- Chania
 - Heraklion

- PLUS
- Beautiful beaches
 - Archaeological Museum of Thira
 - Wine tasting

ITINERARY

INQUIRE

CRETE & SANTORINI
HIKING ADVENTURE

Activity Level 4

Starting in the rugged White Mountains of Crete, you will hike parts of the E4 (the European Trail) staying in the mountaintop village of Omalos, before making your way down to pristine beaches, stopping for lunch at charming Tavernas along the way. Skipping over to the beautiful island of Santorini, you will hike coastal tracks, explore ruins from the Bronze Age, and swim and sea kayak the iconic turquoise waters. Next, it's a flight up to the mainland to the city of Thessaloniki. The adventure reaches its pinnacle (literally!) hiking amidst the home of the Greek Gods, the legendary Mount Olympus, to conquer Greece's highest peaks.



DEPARTURE DATES



BILBAO
↓
SANTIAGO DE COMPOSTELA

TRIP HIGHLIGHTS

- HIKE
- Camino del Norte
 - Camino Primitivo
 - Through hidden coves and charming fishing villages

- EXPLORE
- Spain's most uninhabited regions, home to wild horses
 - Santiago de Compostela and its famous cathedral
 - Bilbao, Oviedo, Asturias and Lugo

“
Our trek with Active Adventures was a well-curated journey through the "best hits" of the Camino de Santiago. Starting on the Northern Way, taking scenic hikes on the Ancient Way, and finishing with the masses of pilgrims on the French way gave us a good sense of the different paths and scenery.
”

ITINERARY

INQUIRE

CAMINO DE SANTIAGO
ADVENTURE

Activity Level 3-4

On this 9-day hiking adventure, you'll hike some of the most breathtaking scenery and oldest trails of Spain as you explore the Camino de Santiago. Each day brings new landscapes, from the golden sand beaches of Costa Verde to the ancient ruins of Galicia. Trek in the footsteps of pilgrims, who, for thousands of years, made their way along the same path to the tomb of the apostle St. James. As you hike into Asturias, you'll be met with rich traditions still very much alive today, and upon reaching Monte del Gozo, you'll feel the astonishing site of Santiago de Compostela.



DEPARTURE DATES





SWITZERLAND

7 DAYS | MULTI-ACTIVITY



AUSTRIA

7 DAYS | MULTI-ACTIVITY

ZURICH



ZURICH

TRIP HIGHLIGHTS

BIKE

- Along the jaw-dropping Walensee
- Downhill bike ride through the stunning Rhine river valley

HIKE

- Around Flumserberg and lunch at the mountain hut Maschgalugge
- The mountaintops around Davos

PLUS..

- Scenic train rides
- Take an optional paragliding tour
- Explore St. Moritz
- Experience the thrill of a Via Ferrata



Family departures available

ITINERARY

INQUIRE

SWISS ALPS
ADVENTURE



Activity Level 2

Switzerland is known for its picture-perfect mountain towns, best-in-the-world train excursions and charming culture. Starting and finishing in the vibrant city of Zurich, your journey takes you from the lakeside village of Obstalden, along the UNESCO world heritage route of Chur to St Moritz to the renowned resort town of Davos. Hike mountaintops with 360-degree views, experience the excitement of a Via Ferrata and bike through the Rhine river valley. Then, by night, stay in traditional Swiss castles and delightful mountain hotels.



DEPARTURE DATES



MUNICH



MUNICH

TRIP HIGHLIGHTS

BIKE

- Through Niedernsill and Zell am See
- From Werfen through quaint villages to the stunning city of Salzburg

HIKE

- Above the Salzach Valley

KAYAK

- The waters of the Hallstätter See

PLUS..

- Raft the Salzach River
- Ride a cable to the Schmittenhöhe
- Explore the Hohenwefen castle and the Hohensalzburg Fortress



Family departures available

ITINERARY

INQUIRE

AUSTRIAN ALPS
ADVENTURE



Activity Level 2

Starting and finishing in Munich, your journey takes you into the glacier-carved gorges of Niedernsill, biking through quaint villages of Werfen, hiking above the elegant Salzach Valley and rafting past roaring waterfalls. Spend time wandering the quintessential Austria town of Salzburg and enjoy traditional Austrian cuisine. Pack only your outdoor gear and your sense of adventure, and let two expert local guides showcase the best of their backyard on our Austrian Alps Adventure.



DEPARTURE DATES





ICELAND

11 DAYS | MULTI-ACTIVITY



ICELAND

7 DAYS | MULTI-ACTIVITY

REYKJAVÍK



REYKJAVÍK

TRIP HIGHLIGHTS

HIKE

- Eldfell Volcano
- To view wild puffin colonies
- Multi-day Eastern Fjord hike to wilderness inlets and backcountry huts

KAYAK

- Heinabergsjökull Lagoon

EXPLORE

- Reykjavík “Smokey Bay”
- Þingvellir and Vatnajökull National Parks
- Vestmannaeyjar Islands
- Jökulsárlón Lagoon



We learned so much about this unique and beautiful country from our guides on our journey across the southern part of Iceland. So many amazing stories and information about the changing landscape and the inclusive culture of this small but mighty country. Can't wait to go back!



ITINERARY

INQUIRE

ULTIMATE ICELAND ADVENTURE



Activity Level 3-4

There's no doubt you'll be left speechless as you roam Iceland's vast landscapes on our 11-day Ultimate Iceland Adventure. With Kiwi guides and local experts leading the way, you'll hike to view puffins ('Lundi'), sea kayak on a lagoon in Vatnajökull National Park and admire Öxarárfoss, Gullfoss and Skógafoss waterfalls.

Finally, enjoy a three-day hike through the Eastern Fjords, staying in stunning cabins and indulging in hearty Icelandic cuisine.



DEPARTURE DATES



REYKJAVÍK



REYKJAVÍK

TRIP HIGHLIGHTS

HIKE

- Eldfell Volcano
- The Ingólfshöfði headland to view wild puffin colonies

KAYAK

- Heinabergsjökull Lagoon

EXPLORE

- Reykjavík “Smokey Bay”
- Þingvellir & Vatnajökull National Parks
- Vestmannaeyjar Islands
- Gullfoss, Seljalandsfoss, Skógafoss, Kvernufoss & Svartifoss Waterfalls
- Jökulsárlón Lagoon

ITINERARY

INQUIRE

CLASSIC ICELAND ADVENTURE



Activity Level 3

Starting in Reykjavik, you'll explore the many natural wonders of Southern Iceland. Many will recognize Gullfoss Waterfall and Skógafoss Waterfall, known for their raw power and magnificent rainbows ever-present. As you hike high on the sea cliffs of Ingólfshöfði headland, keep your eye out for puffins, Iceland's iconic bird. And as you sea kayak on Heinabergsjökull Lagoon, pass by ancient ice floating along gently as icebergs. Throughout your week-long journey, you'll re-energize in hand-picked accommodations, enjoy hearty Icelandic food and learn about Icelandic traditions, many of which are still present today.



DEPARTURE DATES





CROATIA

6 DAYS | MULTI-ACTIVITY



NETHERLANDS

7 DAYS | BIKING FOCUSED

SPLIT



DUBROVNIK

TRIP HIGHLIGHTS

BIKE

- From Jelsa to Hvar
- Korčula Island, an old pirate base

KAYAK

- The peaceful Pakleni Otoci Islands
- The idyllic bays of Marinkovac Island

HIKE

- The trails of Pelješac Peninsula

PLUS...

- Visit a Franciscan Monastery
- Snorkel hidden bays
- Enjoy a wine tasting



Family departures available

ITINERARY

INQUIRE

CROATIA ADVENTURE



Activity Level 3

Explore the best of the Dalmatian Coast on our 6-day adventure. After meeting your fellow travelers in Split, you'll board a ferry and head to Hvar Island, your home for the next few nights. You'll enjoy biking through stunning Venetian Renaissance architecture, sea kayaking around the Pakleni Otoci islands and sampling local food. Take a private boat to Korčula island, where spectacular views of the Adriatic sea await. Bike through olive groves, snorkel in the warm Mediterranean waters and relax over wine-tasting at a local vineyard.



DEPARTURE DATES



AMSTERDAM



AMSTERDAM

TRIP HIGHLIGHTS

BIKE

- Through Haarlem
- Traverse canals by wooden drawbridge in Schermerhorn
- Through the famous tulip fields
- Ferry to Stavoren and bike the quiet roads along Lake IJsselmeer to the old port of Hindeloopen
- Pedal through dense forest to Giethoorn, the Venice of the North

PLUS...

- Stay in the historic Chateau de Havixhorst

ITINERARY

INQUIRE

NETHERLANDS
BIKING ADVENTURE



Activity Level 2

There's only one way to truly grasp the endless beauty and warm culture of the Netherlands, and that's by joining a Netherlands biking adventure. Starting and finishing in Amsterdam, two expert local guides will lead the way as you bike through some of the most picturesque landscapes your imagination could muster up. From the tulip fields of Keukenhof to the Venice of the North, Giethoorn, each day brings you on fascinating trails that'll leave you happily exhausted. Along the way, dine on traditional Dutch cuisine and stay in accommodations hand-picked for their charm and endless views.



DEPARTURE DATES



EXPLORE

SOUTH AMERICA



► MACHU PICCHU, PERU

Meaning “Old Peak” or “Old Mountain” in the native Quechua language, this Incan citadel stands at 2,400 meters (7,880 ft) above sea level along a narrow and uneven mountain vista. Hidden for centuries, its highly remote location makes it feel as if it's floating on a sheet of mist.



► ISABELA ISLAND, GALAPAGOS

The largest in the Galapagos archipelago, Isabela Island impresses with its vast lava fields, arid volcanic peaks and the largest population of wild tortoises on the islands.



► TORTUGUERO NATIONAL PARK, COSTA RICA

The exceptionally high rainfall and rich environment where the freshwater meets the sea make the beaches, canals, lagoons, and wetlands of Tortuguero areas of exceptional biodiversity and opportunity for nature lovers.



► PERITO MORENO GLACIER, ARGENTINA

This icefield is part of the world’s third-largest reserve of fresh water and forms a natural dam to the opposite shore that separates the two halves of Lago Argentino. You won't want to miss the blocks of ice crack off the glacier’s imposing face and fall into the pastel-blue waters of Lago Argentino.



► SACSAYHUAMÁN FORTRESS, PERU

The fortress, meaning ‘House of the Sun’, is where the Incas made their final stand against Spanish conquistadores. This magnificent archaeological site represents a set of jaguar's teeth with massive, perfectly fitted stones.



► LOS CUERNOS, CHILE

Spanish for ‘The Horns,’ Los Cuernos are three fantastically sculpted grey and white sedimentary and granite peaks that rise in dramatic contrast to the turquoise lake below.



► SAN CRISTOBAL ISLAND, GALAPAGOS

There are a number of renowned dive and snorkel spots off the island's coast including Kicker Rock and Isla Lobos ideal for spying on wildlife in and out of the water.



► LAGUNA DE LOS TRES, ARGENTINA

It's hard to imagine the views of the brooding Fitz Roy massif could get any better, but if you choose to make the steep climb up to Laguna de Los Tres, you'll be rewarded with close-up views of Monte Fitz Roy looming above a glacial lake.



PERU

10 DAYS | HIKING FOCUSED



GALAPAGOS & ECUADOR

10 DAYS | WILDLIFE

CUSCO



CUSCO

TRIP HIGHLIGHTS

HIKE

- The Classic Inca or Lares Trail
- The Amazon jungle
- Sacsayhuamán fortress
- The Sacred Valley of the Incas

BIKE

- In the Sacred Valley of the Incas

EXPLORE

- Machu Picchu
- Cusco

“

The hike on the Lares trek held more wonder and beauty than I expected. I am 67 and the hike was a challenge for me but with perseverance and encouraging words from Gustavo and the group, I did amazingly well. Our porters had our campsite ready and the food was outstanding (and for me too much) both on and off the trail.

”

ITINERARY

INQUIRE

MACHU PICCHU & AMAZON ADVENTURE



Activity Level 3-4

Experience the very best of Peru in ten days on a multi-activity adventure you'll never forget. This is our signature trip in Peru. It captures everything this beautiful country has to offer, from the towering peaks of the Andes down to the steamy depths of the Amazon jungle.

You'll start your trip in the heart of the Inca empire where we explore fortresses and surrounding valleys, hike over stunning mountain passes to Machu Picchu via the Lares Inca Trail or Classic Inca Trail over four days, cycle into the Sacred Valley of the Incas and view Amazon wildlife up close.



DEPARTURE DATES

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QUITO



QUITO

TRIP HIGHLIGHTS

HIKE

- Sierra Negra volcano and Santa Cruz Island

BIKE

- San Cristobal Island

EXPLORE

- Swim with turtles and rays at Kicker Rock
- Snorkel with reef sharks
- Lava tunnels on Floreana Island

PLUS...

- Meet giant tortoises and iguanas
- Optional Galapagos diving

ITINERARY

INQUIRE

ULTIMATE GALAPAGOS ISLANDS ADVENTURE



Activity Level 2-3

This trip is a fantastic way to discover several of the Galapagos Islands, especially for landlubbers. You'll snorkel, dive, hike and cycle, and cruise between the multitude of stunning islands in our comfortable dive boat, the 'Pacific' while staying on dry land each night.

Starting with a short flight to San Cristobal Island, highlights of this incredible trip include snorkeling with turtles, rays, and tame reef sharks, kayaking in a beautiful calm bay, and hiking up an island volcano with one of the largest active calderas in the world.



DEPARTURE DATES

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PERU - GALAPAGOS & ECUADOR

13 DAYS | MULTI-ACTIVITY

PERU

6 DAYS | MULTI-ACTIVITY

CUSCO



QUITO

TRIP HIGHLIGHTS

HIKE

- Sacsayhuamán fortress
- In the Sacred Valley of the Incas
- Sierra Negra Volcano and Santa Cruz Island

KAYAK

- Isabela Island

EXPLORE

- Machu Picchu
- Cusco, Lima and Quito

PLUS..

- Swim with turtles at Kicker Rock

ITINERARY

INQUIRE

ULTIMATE MACHU PICCHU & GALAPAGOS ISLANDS ADVENTURE



Activity Level 3-4

Starting in Cusco, you'll cycle into the Sacred Valley of the Incas, hike the Huchuy Qosqo Trail, experience Machu Picchu and explore Pisac market. And that's just Peru! Afterward, take a short flight to Lima and then on to Quito, where you'll wander the colonial city unchanged from the colonial days. From here, it's just a hop over to the Galapagos Islands. The next 6-days will be yours to snorkel next to Kicker Rock, cycle the San Cristobal highlands, hike Sierra Negra Volcano, sea kayak near Isabela Island and get up close to all manner of wild creatures and relax on isolated beaches.



DEPARTURE DATES



jan feb mar apr may jun jul aug sep oct nov dec

CLASSIC MACHU PICCHU ADVENTURE



Activity Level 3

Starting in Cusco, you'll cycle into the Sacred Valley of the Incas, hike the Huchuy Qosqo Trail, visit Pisac market, and spend a full morning exploring the famous citadel of Machu Picchu, including a chance to hike to the Sun Gate.

GALAPAGOS & ECUADOR

7 DAYS | WILDLIFE

CLASSIC GALAPAGOS ISLANDS ADVENTURE



Activity Level 4

Explore the best of the Galapagos Islands on this seven-day island-hopping adventure. Snorkel Kicker Rock, cycle San Cristobal, hike volcanic landscapes, see incredible wildlife, and get to know local life as you relax on land each night.

TRIP HIGHLIGHTS

- Hike Sacsayhuamán fortress
- Bike in the Sacred Valley of the Incas
- Explore Machu Picchu
- Explore Cusco, Lima and Quito

CUSCO CUSCO

ITINERARY

INQUIRE

TRIP HIGHLIGHTS

- Hike Sierra Negra Volcano and Santa Cruz Island
- Kayak Isabela Island
- Swim with turtles at Kicker Rock

QUITO QUITO

ITINERARY

INQUIRE



PATAGONIA

8-14 DAYS | HIKING FOCUSED



PATAGONIA

14 DAYS | MULTI-ACTIVITY

PUNTA ARENAS



EL CALAFATE

TRIP HIGHLIGHTS

HIKE

- To the base of Monte Fitz Roy and Cerro Torre
- Los Glaciares National Park
- Lomo del Pliegue Tumbado

CHOICE OF MULTI-DAY OPTIONS

- Hike the full W-Trek and stay in refugios

OR

- Hike day sections and stay in a lodge

BIKE

- Laguna del Desierto

KAYAK

- And boat cruise on Grey Lake

EXPLORE

- Visit Magdalena Island penguin colony

ITINERARY

INQUIRE

PATAGONIA HIKING
ADVENTURE



Activity Level 3-4

Southern Patagonia, for hikers in particular, is always near the top of the bucket list. Immense craggy mountain ranges erupt straight up from colossal boulder fields, vast rivers of ice calve into deep blue lakes, and its intricate coastline is strewn with uncharted fiords and inlets. You'll enjoy incredible views as you hike in the Fitz Roy area of Argentina, trek in Chile's Torres del Paine National Park, bike near Laguna del Desierto and sea kayak amongst icebergs on Grey Lake. If you have a passion for the outdoors, this is the trip for you!



DEPARTURE DATES



jan feb mar apr may jun jul aug sep oct nov dec

BARILOCHE



BARILOCHE

TRIP HIGHLIGHTS

HIKE

- Cerro Llao Llao & Playa Tacul
- Cerro Falkner & Bella Vista
- Osorno Volcano

KAYAK

- One of the "Seven Lakes"
- Reloncavi Fiord

EXPLORE

- The land of volcanoes, "Ring of Fire" Huilo Huilo Reserve
- Parque Pumalín
- The "Cruce Andino" route



Active Adventures takes all the stress away from planning and executing a flexible itinerary. Our trip was the perfect mix of adventure, relaxation, delicious meals, and meeting local guides who quickly became friends.



ITINERARY

INQUIRE

NORTHERN PATAGONIA
ADVENTURE



Activity Level 3

Where there are volcanoes, there are hot springs, and there's no shortage of either on our 14-day Northern Patagonia Adventure. Starting and finishing in Bariloche, you'll fall in love with the relaxed Patagonian culture and postcard-perfect landscapes of Chile and Argentina. From the views atop Cerro Llao Llao and Osorno Volcano to the calm waters of Reloncavi Fiord and Lake Machonico, your camera will be filled to the brim with jaw-dropping moments. Along the way, you'll stay in comfortable accommodations, enjoy delicious local cuisine and learn the ins and outs of Patagonian culture from expert guides.



DEPARTURE DATES



jan feb mar apr may jun jul aug sep oct nov dec



COSTA RICA

9 DAYS | MULTI ACTIVITY



COSTA RICA

6 DAYS | MULTI-ACTIVITY

SAN JOSÉ



SAN JOSÉ

TRIP HIGHLIGHTS

KAYAK

- The canals of Tortuguero National Park

BIKE

- Along the beach in Puerta Viejo

PLUS...

- Paddle the exhilarating class III-IV rapids of the Pacuare River
- Rappel down thundering waterfalls and sail through the treetops on a canyoning and zip line adventure
- Snorkel Cahuita National Park



It was amazing how many animals we were able to see on our trip! From sloths to crocodiles to hundreds of birds! Our guide, Marco, was an amazing source of knowledge and was excited to share it with us. We would not have been able to see 1/10th of what we did on our own.



ITINERARY

INQUIRE

TORTUGUERO
ADVENTURE



Activity Level 2

Starting in San José, you'll embrace the Pura Vida (pure life) over the next nine days as you hike, bike, and kayak through the Tortuguero National Park and the Cahuita National Park. Listen to bird melodies as you float down the Pacuare River, rappel down thunder waterfalls, take a snorkeling tour amongst colorful corals and bike to tucked-away beaches of the Caribbean. By evening, relax with a cold drink in hand at premium eco-lodges.



DEPARTURE DATES

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LIBERIA



LIBERIA

TRIP HIGHLIGHTS

HIKE

- Rincon de la Vieja National Park
- Las Chorreras waterfall
- Cangreja Falls

KAYAK

- Isla Chora

PLUS

- Snorkel among colorful tropical fish
- Canopy zipline tour
- Raft down the Blanco River
- Paddleboard Playa Carrillo



Family departures available

ITINERARY

INQUIRE

GUANACASTE
ADVENTURE



Activity Level 2

Our 6-day Costa Rica Guanacaste Adventure focuses on the Guanacaste province, known for its endless beaches, calm waters and fascinating wildlife. Explore Rincon de la Vieja National Park. Witness stunning waterfalls, cloud forests and volcanic landscapes as you zipline through the canopy and float down the Blanco River. Challenge yourself with a hike up Cangreja Falls, all while keeping an eye out for howler monkeys, armadillos and exotic birds. Test out your paddleboarding skills, sea kayak and snorkel around Isla Chora or take an optional surf lesson.



DEPARTURE DATES

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EXPLORE

THE HIMALAYA



► KATHMANDU, NEPAL

Lively and bustling, this capital city features a labyrinth of back street courtyards, colorful market stalls, and ancient temples, making it the perfect introduction to Nepal's culture and friendly people.



► NAMCHE BAZAAR, NEPAL

With its remote alpine setting at 6187 meters (20,298 feet), Namche Bazaar is historically an important stopping point for trading expeditions and is still an important supply point for mountaineers and trekkers today.



► EVEREST BASE CAMP, NEPAL

Situated at the base of the Khumbu Icefall, the legendary camp has been the launching point for numerous expeditions for decades. During the climbing season, it becomes a vibrant village of brightly colored tents and palpable energy.



► ANNAPURNA BASE CAMP, NEPAL

Sitting at 4130 meters (13,549 feet), Annapurna Base Camp offers spectacular views of the south face of Annapurna I (the 10th highest peak in the world) and the glacier falling beneath it. There are few places - or words - that properly serve this destination well. You'll have to experience it yourself.



► JHONG CAVE, NEPAL

One of the most impressive cave monasteries the Mustang region has to offer, Jhong Cave is four stories high and boasts 40 secret meditation rooms and hidden storage chambers. It's here that Khampa warriors sought refuge, sometimes living years in these caves.



► TIGER'S NEST, BHUTAN

Paro Taktsang Monastery is, in one word, extraordinary. Built in 1692, the buildings are perched on the side of a cliff, 3,000 meters (10,000ft) above sea level, and still function as a monastery today.



► POKHARA, NEPAL

Pokhara is an enchantingly picturesque city on the shores of Phewa Lake. Here you can wade through the water to a temple in the middle of the lake or jump off a mountain into some of the best paragliding in the world.



► PUNAKHA DZONG, BHUTAN

This stunning traditional Bhutanese fortress is located between two rivers (you have to cross a bridge to access it). The most interesting thing about this building? Not one nail was used to create it... not one!



EXPLORE THE HIMALAYA



BEST TIME TO VISIT

Nepal has four distinct seasons and whilst each season offers something different for tourists visiting all year around, the best time for trekking in the Himalayas is during the pre and post-Monsoon periods and early/late winter.

WINTER

Late December, January, or early February – High-pressure systems bring clear skies and dry weather, and the temperatures are bearable during the day (actually quite nice in the sun), but as the sun sets the temperature falls quickly and it can get extremely cold at night. Some of the high passes can be unreachable because of snow.

PRE-MONSOON

March, April, May, and early June – The weather can be variable, but generally it is clear and calm in the mornings with overcast or thundery afternoons. The day and night time temperatures are gradually getting warmer as the season progresses. This is a great time of year to see rhododendrons in full bloom.

MONSOON

Mid-June, July, August, and early September – Low-pressure systems are predominant at this time of year and so there are frequent rain storms with high humidity and warm temperatures. There are fewer hikers around not only because the track can be blocked from slips caused by floods, but it's just not as comfortable walking in the downpour!

POST-MONSOON

Late September, October, and November – The cycle begins with a return to more stable weather conditions, cooling temperatures, and plenty of sunshine. With the monsoons recently over, the countryside is green and lush, the air sparkling clean, and the views of the Himalayas crystal clear.



PACKING LIST FOR ADVENTURERS

CLOTHING

- ☐ Quality Rain jacket & pants
- ☐ Fleece/Down jacket
- ☐ Short sleeve & long sleeve tops (quick dry, no cotton)
- ☐ Shorts & trousers (no jeans!)
- ☐ Thermal under-layers
- ☐ Good socks (merino is best)
- ☐ Waterproof hiking boots with ankle support
- ☐ Runners with good grip
- ☐ Sandals
- ☐ Beanie & warm gloves
- ☐ Sun hat & sunglasses
- ☐ Swimsuit & light towel

GEAR & PERSONAL ITEMS

- ☐ 25-30L Day pack with rain cover
- ☐ 50+L hiking backpack, tent, cooker, water filter, sleeping bag & sleeping pad if you're doing multi-day walks
- ☐ First aid kit with blister treatment
- ☐ Sun-block & insect repellent
- ☐ Hiking poles
- ☐ Hydration bladder / Water bottle
- ☐ Water
- ☐ Gaiters
- ☐ Adapter plug
- ☐ Good books



ALTITUDE AND FITNESS

Most hikers will never experience altitude sickness, (sometimes called acute mountain sickness or AMS for short), because it typically only occurs at altitudes above 2,500m (8,300ft) or so. It's caused by a decrease in the density of the air (the percentage of oxygen in the air doesn't change much and remains the same to about ten times the height of Mt Everest!). With thinner air though, it becomes harder for the body to sustain mental and physical alertness. The rule of thumb above 3,000m is to hike no more than 300m (1,000ft) per day.

Everyone needs to be aware of the symptoms of altitude sickness as they can affect anyone at any time, even if you've been fine up at altitude before. Fitness has nothing to do with altitude sickness - despite some popular beliefs. Here are some of the common symptoms:

- Lack of appetite, nausea, or vomiting
- Fatigue or weakness, dizziness or lightheadedness
- Insomnia
- Pins and needles
- Nosebleed
- Persistent rapid pulse
- Peripheral edema (swelling of hands, feet, and face).
- Diarrhea

You can consult your doctor who will be able to prescribe you the most suitable medication and do check with them what sort of side effects you may experience.





NEPAL

19 DAYS | HIKING FOCUSED



NEPAL

14 DAYS | HIKING FOCUSED

KATHMANDU



KATHMANDU

TRIP HIGHLIGHTS

HIKE

- To Everest Base Camp
- Through Sherpa villages
- To Swayambhunath “Monkey” Temple

EXPLORE

- The colorful and vibrant city of Kathmandu
- Namche Bazaar
- View Mt Everest from Kala Patthar

EVEREST BASE CAMP TREK



Activity Level 5

Starting in Kathmandu, you'll join your Kiwi and Nepalese guides. After taking a short flight to Lukla, the gateway to the Solu Khumbu region, you'll start your journey. By gradually making your way up the tallest mountain in the world, you'll have plenty of time to acclimatize and enjoy your surroundings. Knowledgeable guides will be with you every step of the way as you learn about the customs and cultures of the Nepalese, view Mt Everest for the first time from Kala Patthar, and visit the bustling village of Namche Bazaar. We invite you to join us for one of our most incredible journeys, and certainly a once-in-a-lifetime experience, to reach Everest Base Camp.



ITINERARY

INQUIRE



DEPARTURE DATES



jan feb mar apr may jun jul aug sep oct nov dec

KATHMANDU



KATHMANDU

TRIP HIGHLIGHTS

HIKE

- To Annapurna Base Camp along the Annapurna Circuit Trail
- To Swayambhunath “Monkey” Temple

EXPLORE

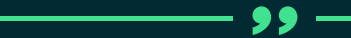
- Gurung settlements and local villages
- The bustling city of Kathmandu
- Pokhara and the Himalayan Mountain Museum

PLUS...

- Watch the sunrise over Machapuchare
- Soak in natural hot springs



I've been waiting to do the AST trail for a decade and I had such a great time with Active Adventures. The guides were personable, fun, and friendly. Everyone in our group was also great, we had lots of fun together. It was easily the most beautiful trek I've ever been on.



ITINERARY

INQUIRE

ANNAPURNA SANCTUARY TREK



Activity Level 4

Discover Annapurna Sanctuary, a natural amphitheater accessed on a trail that's less about 'that one photo' and more about a life-changing journey. You'll be accompanied by a Kiwi trip leader who will meet you in Kathmandu and introduce you to your Nepalese team of guides and porters. Throughout your Annapurna Sanctuary Trek, you'll explore deep into the Himalaya, hike up the glacial Modi Khola River gorge, pass through tiny Gurung settlements and into an alpine area that will take your breath away. Arriving at the base camps of Annapurna and Machapuchare (Fish Tail), you'll be rewarded with 360-degree views.



DEPARTURE DATES



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BHUTAN - NEPAL

12 DAYS | COMFORT FOCUSED

BHUTAN

9 DAYS | COMFORT FOCUSED

KATHMANDU



KATHMANDU

TRIP HIGHLIGHTS

HIKE

- From village to village
- Gangte Nature Trail
- Tiger's Nest

EXPLORE

- The famous kingdoms of Patan & Bhaktapur
- Vistas of the Himalaya
- Changangkha Lhakhang & Chimi Lhakhang Temples
- The National Museum & Rinpung Dzong



Great challenging hiking, beautiful scenery, lots of variety of activities, meals and accommodations. We really got to see and experience what life is like for locals in both Nepal and Bhutan. Dan was a tremendous trip leader with help from local guides he adjusted our itinerary to take advantage of festivals. The small group of 8 travelers was the perfect size and the best group of people we have ever traveled with.



ITINERARY

INQUIRE

KATHMANDU VALLEY & BHUTAN ADVENTURE



Activity Level 1-2

Over 12 days, you'll wander the kingdoms of Kathmandu, learn about the ancient cultures of Nepal and experience the intimate spirit of Buddhism in Bhutan. After taking one of the most scenic flights in the world to Bhutan, you'll immediately notice a change in scenery and culture. You'll hike to Tiger's Nest monastery, perched high on the cliffside some 900m (almost 3000ft) off the valley floor, and explore numerous other sacred sites of significance to the Buddhist religion. This trip exploring Nepal and Bhutan is comfort, culture, and incredible scenery unlike anywhere else on earth.



DEPARTURE DATES



BHUTAN ADVENTURE



Activity Level 1-2

Explore Bhutan's incredible scenery and culture in comfort. Enjoy gentle hikes through the wilderness, relax in the finest accommodations along the way, and gain a profound understanding of one of the happiest countries in the world.



NEPAL

14 DAYS | HIKING FOCUSED

EVEREST LODGE TO LODGE TREK



Activity Level 4

On this 14-day trek, you'll hike up Khumbu Valley towards Everest Base Camp with amazing views of Everest and Ama Dablam, while avoiding higher altitudes. Explore fertile valleys, behold stunning views, and meet the beautiful local people.

TRIP HIGHLIGHTS

- Hike Tiger's Nest
- Explore villages & vistas of the Himalaya
- Changangkha Lhakhang & Chimi Lhakhang Temples
- The National Museum & Rinpung Dzong

KATHMANDU → KATHMANDU

ITINERARY

INQUIRE

TRIP HIGHLIGHTS

- Hike in the Everest Region
- Hike to spectacular views of Mt Everest and Ama Dablam
- Explore Kathmandu, Namche Bazaar
- Visit Swayambhunath Temple

KATHMANDU → KATHMANDU

ITINERARY

INQUIRE

EXPLORE

AFRICA



► KRUGER NATIONAL PARK, SOUTH AFRICA

This world-famous park stretches across 20,000 square kilometers of land. Many of the surrounding private reserves have removed their fences, allowing wildlife to roam freely and unlike anywhere else on the planet.



► SERENGETI NATIONAL PARK, TANZANIA

From the fauna-rich Ngorongoro Crater (one of Seven Natural Wonders of Africa) to the fascinating Maasai tribes, this impressive park is set directly on the Great Migration route, an event considered 'the greatest show on earth.'



► NGORONGORO CRATER, TANZANIA

The world's largest intact volcanic caldera, the crater forms a bowl of about 265 square kilometers and is said to have the highest density of wildlife anywhere in Africa. On the crater floor, you'll likely see zebra, wildebeest, eland, and gazelle, plus a wide variety of birds.



► VICTORIA FALLS, ZIMBABWE

Although the falls are neither the tallest nor the widest on earth, they're still classified as the biggest, due to their combination of width and height and astounding flow rate of more than 1,000 cubic meters of water every second! The town of Victoria Falls is often known as the adventure capital of Africa.



► OKAVANGO DELTA, BOTSWANA

Known as the 'Jewel of the Kalahari' the delta is considered to be one of the greatest wilderness spectacles on the planet. Comprised of 15,000 square kilometers of water channels, lagoons, and islands, it's one of the most concentrated areas of wildlife on earth.



► CAPE TOWN, SOUTH AFRICA

Visit the bustling streets, old buildings and squares, and learn about its complex history. For brilliant views over Camps Bay and the city, you can hike or take the cable car to the top of the iconic Table Mountain.



► MOUNT KILIMANJARO, TANZANIA

At 5,895 meters (19,341ft) above sea level, it's the highest peak in Africa. There are multiple routes to reach Uhuru Peak, the summit, but our favorite is the Lemosho route. Longer than others, it allows for more acclimatization time and more spectacular scenery.



► MAASAI COMMUNITY, TANZANIA

Well known internationally due to their residence near many game parks of the African Great Lakes, the local Maasai communities and their distinctive customs and dress will engage your senses and open your heart.



BOTSWANA - ZIMBABWE

11 DAYS | SAFARI



SOUTH AFRICA

10 DAYS | SAFARI

MAUN
↓
VICTORIA FALLS

TRIP HIGHLIGHTS

SAFARI

- Multi-day game drive in Khwai Community Areas on ‘mobile safari’
- Boat safari on the Chobe River
- Journey by mokoro through the Okavango Delta channels
- Night game drives at Khwai River

KAYAK

- Multi-day kayaking and fly-camping through the Delta

PLUS...

- See Victoria Falls
- Multiple chartered flights around the Okavango Delta, Botswana

ITINERARY

INQUIRE

OKAVANGO DELTA
SAFARI

Activity Level 2-3

Experience the magic of the Okavango Delta authentically – both under canvas and in safari lodges, on foot and by mokoro, with a few comforts of home thrown in too! Add to that a true Africa must-see, Victoria Falls, and you've got the makings of an unforgettable safari and sightseeing adventure. The Delta, comprising 15,000 square kilometers of water channels, lagoons, and islands, is one of the most concentrated areas of wildlife on earth.



DEPARTURE DATES

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JOHANNESBURG
↓
CAPE TOWN

TRIP HIGHLIGHTS

SAFARI

- Experience the Big 5 traversing the Kruger National Park
- Enjoy sunrise and sunset walking safaris in the Makuleke Concession
- Experience a walking safari lodge camp in Pafuri

HIKE

- Table Mountain to enjoy the views

BIKE

- In the vineyards of Franschhoek

EXPLORE

- Cape Town

“This adventure exceeded all expectations with closer animal encounters than ever imagined, top-notch accommodations, friendly, fabulous guides and zero glitches during the entire trip!”

Christine, August 2022

ITINERARY

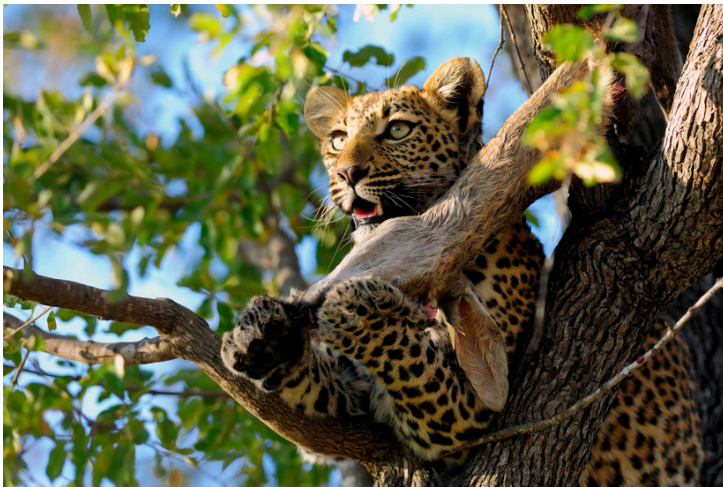
INQUIRE

KRUGER NATIONAL
PARK SAFARI

Activity Level 1-2

This 10-day safari is the perfect way to immerse yourself in Africa’s wilderness, with a combination of walking safaris and game drives every day, that will bring you a breath away from an impressive array of wildlife.

You’ll track the steps of the Big 5 in the Kruger National Park with expert safari guides and enjoy a mix of remote safari camps and lodges on your journey up the most renowned national park of South Africa.



DEPARTURE DATES

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TANZANIA

6 DAYS | SAFARI



TANZANIA

10 DAYS | HIKING FOCUSED

ARUSHA



ARUSHA

TRIP HIGHLIGHTS

SAFARI

- Relax on safari and enjoy luxury camping
- Opportunities to see the Big Five
- Witness the Wildebeest migration
- Experience a one-of-a-kind Serengeti Walking Safari

BIKE

- Through a local Tanzanian village

PLUS...

- Ngorongoro ‘Crater’ Conservation Area
- Maasai cultural experience



COMBO TRIP

Link this trip with the Mt Kilimanjaro Trek for the Ultimate Tanzania Adventure!

ITINERARY

INQUIRE

SERENGETI SAFARI



Activity Level 1-2

We'll take you on a one-of-a-kind Serengeti Walking Safari, where you'll get plenty of opportunities to witness the 'Great Migration' and spot the 'Big Five'. Enjoy sundowners from your luxury camp, where the wildlife viewing never stops! From the fauna-rich Ngorongoro Crater (one of Seven Natural Wonders of Africa) to the colorful and fascinating Maasai tribes, our journey will leave a lasting impression on you. If you've just completed an Active trek to Kilimanjaro, this is the perfect way to unwind and connect with nature.



DEPARTURE DATES



ARUSHA



ARUSHA

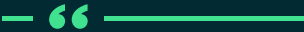
TRIP HIGHLIGHTS

HIKE

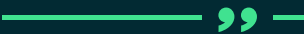
- The Lemosho route to the summit of Mount Kilimanjaro
- View the volcanic cone ‘Mawenzi’
- Past glaciers and glacial valleys
- The Barranco Wall
- The Shira Plateau

EXPLORE

- The Afromontane forest



When you are serenaded acapela in Swahili towards the summit by the teams on the mountain under a full moon, you can do anything. You do not want to miss a chance to do this trip and go to Tanzania, whether you do a safari and feel the top of Kilimanjaro is for you. Just go...



COMBO TRIP

Link this trip with the Serengeti Safari for the Ultimate Tanzania Adventure!

ITINERARY

INQUIRE

MOUNT KILIMANJARO TREK



Activity Level 5

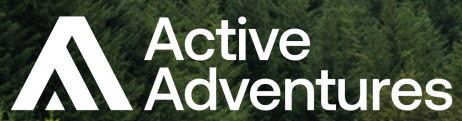
This is the ultimate trekking experience in Africa. This 10-day adventure will reward you with extreme landscapes, epic sunrises, unpolluted starry skies, and an unforgettable personal feat.

You'll hike to the highest point of Mount Kilimanjaro via the Lemosho route, a route that allows more acclimatization time and more spectacular scenery and has one of the best success rates. Traverse across the most incredible parts of the mountain and stay in the blissful Ngare Sero Mountain Lodge before and after this epic adventure.



DEPARTURE DATES





Toll Free: 1 800 661 9073 (US & CAN) | 1 800 661 907 (AUS) | 0808 208 8661 (UK) | 0800 234 726 (NZ)
Anywhere else: +64 3 450 0414